

Growing a place of opportunity and ambition

Date of issue: Tuesday, 3<sup>rd</sup> March 2020

MEETING EDUCATION AND CHILDREN'S SERVICES

**SCRUTINY PANEL** 

(Councillors Basra (Chair), Kelly, Ajaib, Begum, N Holledge, Qaseem, Sadiq, A Sandhu and Sarfraz)

**Education Voting Co-opted Members** 

Vacancy

**Education Non-Voting Co-opted Members** 

Paul Kassapian – Secondary School Representative

Fifi El Sayed – Slough Youth Parliament

**DATE AND TIME:** WEDNESDAY, 11TH MARCH, 2020 AT 6.30 PM

**VENUE:** COUNCIL CHAMBER - OBSERVATORY HOUSE, 25

WINDSOR ROAD, SL1 2EJ

**DEMOCRATIC SERVICES** 

**OFFICER:** 

NADIA WILLIAMS

(for all enquiries) 01753 875015

NOTICE OF MEETING

You are requested to attend the above Meeting at the time and date indicated to deal with the business set out in the following agenda.

JOSIE WRAGG

le W-cr,

Chief Executive

**AGENDA** 

PART I

AGENDA REPORT TITLE PAGE WARD

<u>ITEM</u>

APOLOGIES FOR ABSENCE

**CONSTITUTIONAL MATTERS** 



AGENDA ITEM	REPORT TITLE	<u>PAGE</u>	WARD
1.	Declarations of Interest		
	All Members who believe they have a Disclosable Pecuniary or other Interest in any matter to be considered at the meeting must declare that interest and, having regard to the circumstances described in Section 4 paragraph 4.6 of the Councillors' Code of Conduct, leave the meeting while the matter is discussed.		
2.	Minutes of the Meeting held on 6th February 2020	1 - 4	-
SCRUTINY	ISSUES		
3.	Member Questions	-	-
	(An opportunity for Panel Members to ask questions of the relevant Director/ Assistant Director, relating to pertinent, topical issues affecting their Directorate – maximum of 10 minutes allocated).		
4.	Parenting in Slough - A Multi-agency Strategy	5 - 78	All
ITEMS FOR	RINFORMATION		
5.	Forward Work Programme	79 - 82	All
6.	Members' Attendance Record 2019/20	83 - 84	-
7.	Date of Next Meeting - 15th April 2020	-	-

#### Press and Public

**Attendance and accessibility:** You are welcome to attend this meeting which is open to the press and public, as an observer. You will however be asked to leave before any items in the Part II agenda are considered. For those hard of hearing an Induction Loop System is available in the Council Chamber.

**Webcasting and recording:** The public part of the meeting will be filmed by the Council for live and/or subsequent broadcast on the Council's website. The footage will remain on our website for 12 months. A copy of the recording will also be retained in accordance with the Council's data retention policy. By entering the meeting room and using the public seating area, you are consenting to being filmed and to the possible use of those images and sound recordings.

In addition, the law allows members of the public to take photographs, film, audio-record or tweet the proceedings at public meetings. Anyone proposing to do so is requested to advise the Democratic Services Officer before the start of the meeting. Filming or recording must be overt and persons filming should not move around the meeting room whilst filming nor should they obstruct proceedings or the public from viewing the meeting. The use of flash photography, additional lighting or any non hand held devices, including tripods, will not be allowed unless this has been discussed with the Democratic Services Officer.

**Emergency procedures:** The fire alarm is a continuous siren. If the alarm sounds Immediately vacate the premises by the nearest available exit at either the front or rear of the Chamber and proceed to the assembly point: The pavement of the service road outside of Westminster House, 31 Windsor Road.



Education and Children's Services Scrutiny Panel – Meeting held on Thursday, 6th February, 2020.

**Present:-** Councillors Basra (Chair), Kelly (Vice-Chair), Ajaib, Begum, N Holledge, Qaseem, Sadiq, A Sandhu and Sarfraz (until 7.51pm)

Apologies for Absence:- Paul Kassapian and Fifi El Sayed

#### PART 1

#### 29. Declarations of Interest

Councillor Basra declared that she was a Director of First Impressions Consultants Ltd, which involved working with a number of organisations in the education sector. There were no conflicts with any matters on the agenda and she therefore stayed in the Chamber and participated in the meeting.

Councillor Kelly declared that he worked at Lynch Hill School Primary Academy. There were no conflicts with any matters on the agenda and he therefore stayed in the Chamber and participated in the meeting.

#### 30. Minutes of the Meeting held on 5th December 2019

**Resolved** – That the minutes of the meeting of the Panel held on 5th December 2019 be approved as a correct record.

#### 31. Member Questions

No Member questions had been received.

#### 32. Briefing on the Scope - 'Children Missing Education'

The Interim Service Lead for Inclusion introduced a report on children missing education, including the definition of the term, links to the risk of exclusion and the actions being taken to improve the monitoring and support to children.

The term children missing education (CME) was defined as children of compulsory school age, 5 to 16 years old, who were not registered pupils at a school and were not receiving suitable education otherwise than at a school. CME were at a significant risk of underachieving; being victims of harm, exploitation or radicalisation; and becoming NEET (not in education, employment or training) later in life. Local authorities had a statutory obligation to establish the identities of CME. The Panel noted the wide variety of situations in which a child could be considered CME including those permanently excluded not provided with education within 6 days, children removed from a school register without informing the Council, unauthorised absences or home education and children moving into the area without a school place.

#### **Education and Children's Services Scrutiny Panel - 06.02.20**

The Panel was informed that the Council had a range of measures in place to monitor the whereabouts of children at risk of becoming CME. The Attendance Team had key role to play and they operated a pupil tracking system that was published weekly and included children missing education at risk of CME and referrals from agencies such as schools, social care and Thames Valley Police. The Officer explained the links to safeguarding and the position regarding fixed term and permanent exclusions from school.

Slough had a mobile population and the number of children being tracked and number of CME varied considerably throughout the year. A significant number of referrals were made in September at the start of each school year due to the number of children who had left the borough or moved abroad during the summer holidays. Most referrals were closed within a month and were not formally classified as CME. There was 1,412 referrals in 2018/19 of which 118 (8%) were CME. Slough's overall performance was better than the national average. The Panel considered future developments which included the work being undertaken to further strengthen inter-agency working and a review of the Fair Access Protocol.

The Panel raised a number of issues during a wide ranging discussion which are summarised as follows:

- Members asked for further detail about the pre-emptive actions the Council was taking to reduce the risk of CME. The Officer provided assurance that this was a core part of the department's role and several examples were given of the types of proactive steps that would be undertaken given the particular circumstances of the child. These included data collection to identify trends and children at risk and working with schools to try to contact families quickly after any absence to try to intervene early where appropriate.
- The requirements for monitoring children being home schooled was raised. There was tight monitoring in place for children were taken out of school to be home schooled, however, parents who chose to home educate from the start of education did not have to inform the local authority and monitoring was difficult with no legal obligation for parents to accept visits from the education department.
- Concern was raised about the perception that exclusions were sometimes used by schools to remove challenging children from the roll. Officers gave assurance that there were strong legal protections for children in this regard and the local authority was always informed by the school. The number of permanent exclusions in Slough was low. Littledown School and Haybrook College offered a range of provision to ensure all children remained in education or were able to return to mainstream education. The exclusion of SEN pupils was discussed and it was noted that no children with a EHCP should be excluded.

#### **Education and Children's Services Scrutiny Panel - 06.02.20**

Members asked for further data about the reasons for CME by the
categories set out in paragraph 5.2 of the report. It was noted that the
data was constantly changing and the data was not collected in a way
that put each child in one of the categories set out in the report.
However, Officers agreed to provide any further data that could be
provided to help the Panel better understand the numbers of CME by
reason.

At the conclusion of the discussion the Panel noted the report.

**Resolved** – That the report be noted.

#### 33. Prevention of Youth Offending / Re-Offending

The Head of Service of Slough Youth Offending Team introduced a report that updated on developments within the YOT and wider youth justice arena since the last report to the Panel in October 2018. The report set out the performance, challenges and successes during this period.

YOT reported its performance locally to the YOT Management Board and also submitted reports on key indicators for comparison with sub-regional, regional and national areas. A summary of performance was set out in Table 3 in the Appendix to the report and it was noted that there had been a slight reduction in the number of first time entrants to the youth justice system aged 10-17 from 58 to 57. This figure was better than the local target of 62 entrants in 2018/19. The number of custody offences had fallen by half from the previous year. Slough's figure was higher than the regional average but below national trends. Re-offending had also fallen to 12.9% which was significantly better than the local target of 25.8% or less for 2018/19. The Youth Justice Board had confirmed that the Youth Justice Plan submitted in August 2019 complied with the relevant requirements and the work being done in Slough was praised in a number of areas.

#### (Councillor Sarfraz left the meeting)

The main challenges were summarised and included the involvement of young people in the movement of drugs and serious youth violence. The YOT was working closely with partners including the Thames Valley Violence Reduction Unit and the Serious Youth Violence Task Force. Table 1 to the report set out the top 10 offices in the year to June 2019 and 23% of such offences were violence against the person. The Panel discussed the actions being taken to prevent violent crime and were assured that it was a top priority. Members highlighted the importance of ensuring there was effective support for the wider family as this was often key to changing patterns of behaviour. The Officer commented that the support would vary depending on the circumstances in each case and sometimes the willingness of families to accept support.

In terms of the offenders themselves, YOT worked with youth services and others to try to get the right support to individuals which could include

#### **Education and Children's Services Scrutiny Panel - 06.02.20**

substance misuse and mental health issues. One way to improve life chances was through employment and training opportunities. A Member asked whether the Council's apprenticeship programme specifically provided opportunities for youth offenders. It was agreed to provide further information on this issue.

At the conclusion of the discussion the report was noted.

**Resolved** – That the report be noted.

#### 34. Forward Work Programme 2019/20

Members reviewed the Panel's work programme for the remainder of the 2019/20 municipal year.

The following amendments and additions were agreed:

- SCST to be asked to bring their Annual Report to the meeting on 11 March meeting.
- Unprogrammed item on School Places Strategy/Admission Service to be scheduled for 15 April 2020.
- Information report to be added to the meeting on 11<sup>th</sup> March on Early Years Children's Centres.
- Child poverty report scheduled for 11<sup>th</sup> March to cover statistics/data on the position in Slough; the scale of the problem in the town; the contributory factors; and the actions being taken.
- Possible visit to be arranged to YES Consortium.

**Resolved** – That the work programme be agreed, subject to the amendments above.

#### 35. Members Attendance Record 2019/20

**Resolved –** That the Members' Attendance Record be noted.

#### 36. Date of Next Meeting - 11th March 2020

The date of the next meeting was confirmed as 11<sup>th</sup> March 2020.

Chair

(Note: The Meeting opened at 6.30 pm and closed at 8.27 pm)

#### **SLOUGH BOROUGH COUNCIL**

**REPORT TO:** Education and Children's Services Scrutiny Panel

**DATE:** 11<sup>th</sup> March 2020

CONTACT OFFICERS: Michael Jarrett, Service Lead - Early Years and Prevention

Service

Anili Sidhu, Strategic Parenting Officer - Early Years and

Prevention Service

(For all Enquiries) (01753) 476556

WARD(S): All

# PART I FOR COMMENT & CONSIDERATION

#### PARENTING IN SLOUGH - A MULTI-AGENCY STRATEGY

#### 1. Purpose of Report

This report provides an overview of the work that is underway on the production of and launch of a Multi-Agency Parenting Strategy for Slough.

The report provides a more detailed overview of the key areas of development including the:

- Development of the multi-agency Parenting Strategy for Slough
- Implementation of Slough's Parenting Offer
- The roll out of training opportunities across the system.

The multi-agency parenting strategy is currently being developed and will be published by 31st March 2020.

#### 2. Recommendation(s)/Proposed Action

The Panel is asked to note and comment as appropriate on the work that has been undertaken amongst key stakeholders and partners to develop the multi-agency strategy.

#### 3. The Slough Joint Wellbeing Strategy, the JSNA and the Five Year Plan

#### 3a. Slough Joint Wellbeing Strategy Priorities

The Slough Joint Wellbeing Strategy aims to improve the health and wellbeing of the local community and reduce inequalities for all ages across the borough. It uses the JSNA as its evidence base. *Priority 1: Protecting vulnerable children*. Additionally the Parenting Strategy has a focus on Improving the wellbeing of slough's residents (parents, carers & families), so links to the priority 3.

#### 3b. Five Year Plan Outcomes

The work of the Multi-agency parenting strategy contributes to the following outcomes in the Council's Five Year Plan: http://insite/media/3558/five-year-plan-2019-2024.pdf

- 1. Slough children will grow up to be happy, healthy and successful
- 2. Our people will be healthier and manage their own care needs.

#### 4. Other Implications

- (a) Financial There are no financial implications
- (b) Risk Management; None
- (c) Human Rights Act and Other Legal Implications None
- (d) Equalities Impact Assessment None
- (e) <u>Workforce</u>: A 6 month secondment for a Strategic Parenting Officer was secured for the period October 2019 to March 2020.

#### 5. **Supporting Information**

#### Background to the development of Slough's Multi-agency Parenting Strategy

5.1 The national emphasis on Parenting is driven by statutory guidance such as *Working Together* (2018), alongside evidence from research such as the Allen (2011) and Munro (2011) reviews, and fits within the context of the national Troubled Families programme (known in Slough as The Strengthening Families programme). The strategy also recognises evidence which supports the claim that good quality parenting can help to address the structural causes of poverty, and is one of the key elements of sustaining families' social mobility (All Parliamentary Group Report, 2015).

Government guidance requires local authorities to adopt a multi-agency approach to supporting parents and families and promoting inter-agency co-operation to improve the welfare of children. Services should also focus on improving family functioning and building the family's own capacity to solve problems; this should be done within a structured, evidence-based framework (*Working Together* 2018).

5.2 Our local data compiled from the Joint Strategic Needs Assessment, 2018 (JSNA) and Slough Joint Wellbeing Strategy 2016-2020 provides a strategic overview of trends in Slough, and a clear understanding of the factors that influence local needs of parents and families.

Some of the cross cutting headlines relevant to Early Help include the following:

- With a population of approximately 149,000, Slough Borough Council (SBC) is made up of a significantly younger than average population compared to any of the south east local authorities approximately 42,180 (28%) under 18s.
- 39.2% of all households contain dependent children this is the third highest proportion across England and Wales.
- Slough is one of the most ethnically diverse areas outside of London with **46%** of the population identifying as White British or White Other, **40%** Asian or British Asian, **8.6%** Black or Black British, and **3.4%** as mixed heritage.

- Slough ranks 78 out of 152 for deprivation amongst upper tier authorities.
- 19.5% of children under 16 live in low-income families in Slough.
- Compared to the South East, Slough has relatively low employment (78%) and high economic inactivity (18.6%).
- At **3.6%**, family homelessness is significantly worse in Slough than national (1.6%) and regional **(1.9%)** averages.

Across Slough, parenting has been identified as a priority and is a recurring theme in the majority of Strengthening Families and Early Help cases. In addition, feedback from schools in the recent audit identitifed parenting as a significant issue. Parents within the Strengthening Families programme often manage a range of problems that are likely to affect their inter-parental relationship and their ability to parent effectively.

Since April 2015, Slough has worked (or completed an intervention) with a total of 671 families who meet the Strengthening Families criteria. Issues range from children being in need (by default) coupled with additional needs/issues such as health, domestic abuse, crime/ASB involvement, issues around education or unemployment.

48% of the 671 families who have had an intervention had some form of domestic abuse or violence prevalent in the household.

It was also found those suffering from abuse will start presenting with other issues such as 'health'. In fact **54%** of families worked with under the Strengthening Families programme suffered from a range of health issues relating to physical, emotional or mental health (low self esteem, anxiety, depression for example).

Additionally, based on data for April 2019, Slough Children's Services Trust – Front Door received 1,042 contacts relating to children and of those contacts 650 **(62.4%)** could be classed as issues caused by parental factors (alcohol misuse, abuse/ neglect).

- 5.3 Parenting in Slough A Multi-agency Strategy relates to families with children aged 0-25 (including SEND) and essentially aims to drive good professional practice and improve outcomes for families and parents in Slough. The strategy sets out our vision, the local and national agenda, our parenting offer, and what we are aiming to achieve (our priorities) in Slough. The draft strategy document can be found at Appendix 1:
- 5.4 The strategy action plan (available at Appendix 2) has been established in collaboration with key partners/stakeholders and outlines the key actions and processes to ensure the successful implementation of the strategy/parenting offer.

#### 5.5 Key Priorities for Implementation

- Early intervention and Prevention- Resources will focus on meeting families' needs at the earliest point. The purpose of the parenting offer is to deliver the right level of parenting support to parents who require at the earliest possible time, before problems and issues become entrenched. By supporting parents early, it is anticipated that outcomes will be more positive, ultimately reducing the need for statutory involvement.
- Co-ordinated Multi-Agency Approach A co-ordinated and integrated approach to service delivery is planned to support parents, carers and families. Partner agencies will share information and best practice to ensure a holistic parenting offer is provided in Slough. We are developing referral pathways and processes for parents/carers, ensuring that access to support is timely and

appropriate. Service delivery will utilise the skills and expertise of practitioners across services to match delivery with individual expertise and need.

- Quality Standards Clear, consistent quality standards for family and parenting support will be established. Practitioners will be trained as Train the Trainer for nationally recognised evidence based programmes. Service delivery will be quality assured to ensure a continuum of desired standards. We will ensure that that support is needs-led rather than being responsive to availability. We will develop a quality standards framework for Slough which describes a core set of competencies and knowledge/skills/experience for workers.
- Participation Wherever possible parents and carers will be involved in the planning and delivery of services. We will also involve families in the decisions made about their support, to increase their level of participation with services, and ensure that interventions offered are relative to their needs. Families' experiences and opinions are essential to achieving effective feedback. By taking a 'whole family' approach, the voice of the child and family will define the effectiveness of our service delivery and the development of our future provisions.
- Accessibility and Engagement A needs led approach is key to delivering appropriate and effective provisions. We will source a range of methods to ensure families can access the entirety of the support provision, especially families with complex needs or who are hard to reach through traditional approaches. For example, providing transport and crèche facilities, ensuring provisions offered are run at suitable times of the day and accessing translation services where required.
- Workforce Workers providing family and parenting support will be adequately competent, confident, experienced and qualified. Training for practitioners will be relevant, planned, coordinated and appropriately resourced. Practitioners accessing training for evidence based parenting programmes commissioned by SBC, have completed Expressions of Interest (available at Appendix 3) affirming their competencies, experience, skills and commitment to future codelivery. Management feedback and ongoing support processes will be established to improve standards of delivery via A Memorandum of Understanding (available at Appendix 4) which underpins the role, responsibilities, and expectations that partner agencies will be signing up to as part of their commitment to the multiagency parenting strategy.

5.6 Tools used and Guidance resourced to aid the development of the Slough Parenting Offer include:

- National/statutory guidelines Parenting as a national priority
- NICE (2011) Guidelines (social learning, attachment, CBT approaches)
- EIF recommendations for evidence based programmes
- Statistical Neighbours Data
- Tried and tested via local authorities (east Berkshire and across the region)
- Audit of current provisions and identified gaps
- Parental feedback

A range of evidence-based, accredited and universal parenting programmes have been incorporated into Slough's Parenting Offer forming part of the strategy. The Parenting Offer for Slough in it's current form is available at Appendix 5, 6 and 7.

5.7 The illustration below briefly outlines work undertaken to date and plans moving forward:

### What's been done (November-December 2019)

- Co-funders / co-delivery partners identified
- Formation of Parenting Strategy Task & Finish Group
- Task & finish group terms of reference & action plan shared
- Audit of current parenting provisions in Slough (ongoing)
- · Distribution of parent survey
- · Gaps / needs analysis
- Commissioning plan for evidenced based/bespoke parenting programmes
- Procurement business cases submitted
- Development of Slough's parenting offer (universal-targeted provisions)
- Draft Parenting Strategy produced
- Workforce development plan for codelivery of provisions

### We are currently working on: (January-February 2020)

- Development of: referral process / pathway; a single parent screening tool; generic parenting offer 'evaluation tool'
- Identification of Parent Champions across services
- Roll out of 'Reducing Parental Conflict' training (evidence based) for staff across partner services. Includes Train the Trainer.
- Development of Solihull Antenatal online programme
- Training schedule for Triple P Train the Trainer programme across workforce
- Service Level Agreement to be shared across partners as part of the multi-agency delivery plan
- Finalising Slough's parenting offer
- Implementation of parent 'drops ins' across Slough's children's centres
- Publicity material & webpage development for Slough's parenting offer

#### Next Steps - plans / timelines (March 2020 onwards)

- Official launch of parenting strategy / offer & website
- Implementation of evidenced based parenting programmes – Triple P, Reducing Parental Conflict, accredited and bespoke programmes i.e. Browns, Family Links etc. (phased implementation).
- Implementation & monitoring of: referrals; referral systems & screening process
- Implementation of robust monitoring and evaluation processes to assess impact and outcomes of programmes and interventions
- Review outcomes (qualitative & quantitative) of provision delivery to measure impact, future development areas
- Continued work with multiagency partners & workforce development including Train the Trainer

#### 6. Comments of Other Committees

This report has not been considered by any other committees.

#### 7. Conclusion

- 7.1 The multi-agency Parenting Strategy has been developed to drive good professional practice and improve family outcomes across Slough. The strategy sets out our vision, the local and national agenda, our parenting offer and our priorities for implementation.
- 7.2 The Parenting offer has been developed to ensure services and support are accessible at all levels from universal to targeted support and for families with children aged 0-19 (up to 25 for SEND)
- 7.3 Next steps include the official launch of the strategy and parenting offer (April 2020), the development of Slough's parenting webpage for parents and practitioners and the implementation of robust monitoring and evaluation processes to measure impact outcomes and the effectiveness of Slough's Parenting Offer.

#### 8. Appendices

Appendix 1 - Parenting in Slough: A Multi-agency Strategy

Appendix 2 - Strategy Action Plan

Appendix 3 - Expression of Interest

Appendix 4 - Memorandum of Understanding

Appendix 5 - Parenting Offer - A Guide for Practitioners

Appendix 6 - Parenting Offer – A Guide for Parents/Carers

Appendix 7 - Parenting Support – Useful Contacts & Online Resources



# Parenting in Slough

A multi-agency strategy (April 2020)



#### **Parenting Strategy Pledge:**

Working on the parenting strategy with partner agencies has been a rewarding experience with the shared vision of bringing together services and resources to help improve outcomes for parents, carers and families. By sharing our goals and individual areas of expertise, we have a wonderful opportunity to offer a co-ordinated approach to services and support parents/carers with developing effective parenting skills, which is key to maximising their children's potential. It is now up to all of us as professionals to bring the paper to life and make a difference to families across Slough.

#### Our pledge is to:

Strengthen availability and accessibility of general information and advice to parents

Build parenting capacity in specific areas where gaps have been identified

Ensure there is a clear focus on early help and prevention Improve cohesiveness of parenting support across Slough

Work with partners to deliver the recommendations set out in this strategy

ilas cce











### **Foreword**

A parent as their child's primary educator can be the single most significant influence on what their children experience and achieve in life. It is well documented that the love and nurturing a child receives is fundamental to their health, mental health and wellbeing, not only in early years, but throughout childhood, adolescence and into young adulthood. Parents tend to underestimate their own influence, however we know from extensive research that effective parenting can have a positive impact on a child's future outcomes. Of course there are other factors that can influence a child's outcomes such as poor health, low income, low literacy and numeracy levels, poor mental health, domestic abuse and substance misuse and ultimately, resources that are accessible to parents that can support them with such issues.

Slough is committed to supporting our community's parents and families with a prime focus on promoting their capabilities and self-efficacy, to build their confidence and capacity to do the very best for their children and enable them to fulfil their potential.

The power of positive parenting for children, communities and society as a whole is now recognised as a national priority. (Working Together Statutory Guidance 2018)

This document details plans for the delivery of Slough Borough Council's Parenting Offer and provides the policy platform for developing and implementing early help through interventions for both universal and targeted parenting provisions. By adopting a joint, integrated parenting model, with a needs-led focus to service delivery, Slough will effectively support parents on their journey with their children through from early years to young adulthood in a way that encourages engagement, co-operation, learning and involvement in positive parenting.

Councillor Carter, Lead Member – Children's Services and Cate Duffy, Director of Children, Learning and Skills (Photos to be added)



## Contents

- Introduction and Vision
- The National Context: Parenting a national priority
- The Local Context: A profile on Slough
- Implementing the Strategy
  - Referral Pathway
  - Assessment and Intervention
  - Measuring Impact and Outcomes
  - Key Partners
  - o Key Priorities
- Our Parenting Offer
  - o Evidence based parenting programmes
- Action Plan
- Evaluation of the Strategy
- Next Steps



## Introduction and Vision

Slough's multi-agency parenting strategy relates to families with children aged 0-25 (including SEND) and essentially aims to drive good professional practice and improve outcomes for families and parents in Slough. The strategy sets out our vision, the local and national agenda, our parenting offer, and what we are aiming to achieve (our priorities) in Slough from April 2020.

#### **Our Shared Vision**

With a primary focus on early help and prevention, Slough's parenting offer aims to take a multi-agency and restorative approach to providing both universal and targeted parenting and family support to improve the future outcomes for children, young people and families in Slough.

O	0
Our desired short term outcomes	Our desired long term outcomes
Increase number of families accessing	Increase families self-efficacy and
parenting interventions	capabilities
Reduce family complexities	Improve emotional wellbeing
	Reduce risk of child anti-social behaviour
Increase parent confidence	
Improve child and parent behaviours	Substantial public savings with the reduction
	in cases escalating to statutory services via
	early intervention and increased universal
	parenting provisions
	parenting provisions

As set out within Slough's Early Help Strategy, our parenting offer commits to ensuring that parents will be:

- self-reliant, confident and resilient
- physically and emotionally well
- reach their maximum potential
- live in safe, strong families and communities

In order to achieve this and ensure a sustainable improvement to families' future outcomes, SBC will invest in workforce development opportunities via the commissioning of a range of evidence based Train the Trainer parenting programmes and delivering cross-skills competency based training.

The National Troubled Families programme has shown that there is a greater impact when working with the family as a whole rather than focusing on a single family member.

It is equally fundamental that we provide tailored options to help families with issues such as domestic violence, substance misuse and mental health, as we know that these factors can have devastating effects on families' lives (DfE, 2011).



When parents need information, advice or support with parenting, they will know where to find it, and they will receive an appropriate, timely and helpful response that is respectful and understanding of their needs as parents/carers.

We will aim to provide targeted options for families with young carers, teen parents, and foster carers, to meet their differing and particular needs.

Families where parents have learning disabilities and those with chaotic and complex lives may well also require specialised, ongoing provisions.



## The National Context

#### Key statistics at a glance

- 1 in 4 children are born into households affected by drink, drugs, mental illness and domestic violence.
- 1 in 5 mothers suffer from postnatal depression and anxiety during pregnancy and in the first year of their baby's life.
- 61% of parents described parenting as 'fairly' or 'very' difficult.
- 1 in 5 mothers find it difficult to access help with parenting.
- Up to 50% of children born today can expect to see their parents split by the time they are 15.

(Local Government Association 2016)

#### Parenting - A National Priority

Nationally, estimates show that around 2 million children in the UK today are living in difficult family circumstances including parental drug and alcohol dependency, domestic abuse and mental health, unemployment.

There is substantive evidence which supports the claim that positive parenting can help to address the structural causes of poverty, and is one of the key elements of sustaining families' social mobility (All Parliamentary Group Report, 2015).

Statutory guidance such as *Working Together* (2018), alongside evidence from research such as the Allen (2011) and Munro (2011) further state that "Early intervention is crucial for the social and emotional development of children and families which can in turn significantly improve mental and physical health, educational attainment and employment opportunities." *Graham Allen* (2011)

As well as making a positive impact on the outcomes of children, young people and families, research tells us that public money is also saved in the long run. *Early Intervention Foundation (2016)*. When families reach crisis point, support is needed at a much more intensive level which costs more. By investing in early help to prevent difficulties from escalating, the need for these more costly services is reduced.

National government guidelines require local authorities to adopt a joined up approach for families and parenting support based upon analysis and mapping of local needs, which involves service users in its development and implementation (*Working Together* 2018).

\*Infographics on regional/national date from the Office of National Statistics to follow.



### The Local Context

Our local data compiled from the Joint Strategic Needs Assessment, 2018 (JSNA) and Slough Joint Wellbeing Strategy 2016-2020 gives us a strategic overview of trends in Slough, and a clear understanding of the factors that influence local needs of parents and families.

Some of the cross cutting headlines relevant to Early Help include the following:

- With a population of approximately 149,000, Slough is made up of a significantly younger than average population compared to any of the south east local authorities approximately 42,180 (28%) under 18s.
- 39.2% of all households contain dependent children this is the third highest proportion across England and Wales.
- Slough is one of the most ethnically diverse areas outside of London with **46**% of the population identifying as White British or White Other, **40**% Asian or British Asian, **8.6**% Black or Black British, and **3.4**% as mixed heritage.
- Slough ranks 78 out of 152 for deprivation amongst upper tier authorities. **19.5%** of children under 16 live in low-income families in Slough.
- Compared to the South East, Slough has relatively low employment (78%) and high economic inactivity (18.6%).
- At **3.6%**, family homelessness is significantly worse in Slough than national (1.6%) and regional **(1.9%)** averages.

Across Slough, parenting has been identified as a priority and is a recurring theme in the majority of Strengthening Families and Early Help cases. Parents within the Strengthening Families programme are frequently confronting a range of problems that are likely to affect their inter-parental relationship and their ability to parent effectively.

Since April 2015, Slough has worked (or completed an intervention) with a total of 671 families who meet the Strengthening Families criteria. Issues range from children being in need (by default) coupled with additional needs/issues such as health, domestic abuse, crime/ASB involvement, issues around education or unemployment.

**48%** of the 671 families who have had an intervention had some form of domestic abuse or violence prevalent in the household.

It was also found those suffering from abuse will start presenting with other issues such as 'health'. In fact **54%** of families worked with under the strengthening



Families programme suffered from a range of health issues relating to physical, emotional or mental health (low self esteem, anxiety, depression for example).

Additionally, based on data for April 2019, Slough Children's Services Trust received 1,042 contacts relating to children by the Front Door service and of those contacts 650 **(62.4%)** could be classed as issues caused by parental factors (alcohol misuse, abuse/ neglect)

\*Infographics to Follow



# Implementing the Strategy

Improving outcomes for families and parents/carers is the driving force of this strategy and should be the basis of all forms of family and parenting support.

With this in mind, Slough's Early Help Strategy is the foundation of Slough's Parenting Model to delivering better outcomes for children, young people and their families. Multi-agency working is a key component of our early help approach based on the principle that delivering early help is everyone's responsibility. There are high aspirations for delivering the parenting offer outlined in this strategy based on successful partnership working not only between statutory agencies such as the council, health agencies but also the voluntary and community sector, independent providers and of course families.

The national framework for Contextual Safeguarding recognises that the different relationships that children and young people form in their neighbourhoods, schools and online can also feature violence and abuse and therefore can experience significant harm beyond their families. Parents and carers can have little influence over these contexts, and young people's experiences of extra-familial abuse can undermine parent-child relationships. 'Contextual Safeguarding Network' (2017).

Therefore it becomes vital that practitioners engage with individual services and sectors who do have influence over/within extra- familial contexts, and recognise that assessment of, and intervention with, these services are a critical part of safeguarding practices. Hence, our working practice will adopt a multi-agency approach to service delivery.

#### **Referral Pathway**

At present, the highest level of referrals for parenting support come via the front door' with the remaining coming from social workers or parents self-referring. Going forward, a simple but robust referral process will be introduced in line with the current 'front door' process to capture the range of referral pathways.

Our universal parenting offer will be open to all and can be accessed via self-referrals as well as via Early Help and statutory services. Our targeted parenting offer will see referrals come through our Early Help process and other statutory organisations such as Youth Offending Team, Slough Children's Services Trust, Child and Adolescent Mental Health Services and so on and so forth.



#### Assessment and Intervention

A single 'parenting screening tool' will be incorporated within the 'whole family' assessment, which will identify issues or indicators relating to:

- 1. Parents or children involved in anti-social behaviour or crime
- 2. Children who have not been attending school regularly
- 3. Children of all ages in need of help, are identified as a Child in Need or are subject to a Child Protection Plan
- 4. Adults out of work or at risk of financial exclusion and young people at risk of worklessness
- 5. Families affected by domestic violence and abuse
- 6. Parents and children with a range of health problems

The Early Help 'level of need' thresholds will guide and establish the level of parenting/family intervention required though levels. It is very common for parents to use services across several levels, or to access different levels of parenting support at different times. The intensity of the intervention families require may change with life transitions such as starting school, separation, illness, loss, trauma and financial hardship.

Level of need	Who will benefit	Parenting offer
1 Universal Children and families with no additional needs, whose health and development needs can be met by universal services 2 Additional Children with additional needs that can be met through the provision of	All parents - universal entitlements before any specific problems have been identified  Parents with additional needs	Family and community networks of support and access to universal provision Information, involvement and opportunities Universal plus targeted parenting support Targeted support
early help  3 Complex Statutory threshold. Child and/or family whose welfare of development is significantly impaired without intervention	Parents in families with multiple, complex needs	Universal plus targeted plus intensive support Coordinated multi-agency interventions with families
4 Statutory Statutory threshold. Child and/or family with high level of complex needs or in need of protection & care	Parents who are unwilling or unable to fulfil their parenting responsibilities	Universal plus intensive statutory intervention Intensive, sustained specialist support and statutory interventions



The RAI diagram illustrates in brief the parenting referral, assessment and intervention process. To view click on the link below



#### **Measuring Impact Outcomes**

Robust monitoring and evaluation processes to assess impact and outcomes of programmes and interventions will be implemented whereby a single parenting offer 'evaluation tool' will be used by all services offering parenting provisions. All progress/feedback data will be collated centrally to measure true impact of Slough's parenting offer.

Measured outcomes will be strategically linked to outcomes stated on the Strengthening Families Outcome Plan in order to meet the Troubled (strengthening) Families Framework. This is so we can evidence how our parenting programmes are intrinsically linked to the Strengthening Families Outcome Plan whereby needs of the family are identified and addressed.

#### **Key Partners**

Key partners include both commissioners and providers of services across Slough, in some cases organisations that both commission and deliver services for children, young people and families.

Commissioners are central to ensuring that programmes are evidence based, sufficiently evaluated, located in areas of greatest need, and target vulnerable groups. It is the role of commissioners to ensure up to date needs assessments are developed and used to provide a targeted needs led approach. Commissioning processes will also enable the assessment of programmes to be held centrally to aid evaluation and future commissioning plans.

This evaluation will consistently be used by the Parenting Strategy Task and Finish Group who will be tasked to share any learning and to inform subsequent commissioning.

The Parenting Strategy Task and Finish Group has representation from a wide range of partners, both internal and external to Slough Borough Council and who are responsible for implementing the strategy and related action plan.



#### Members include:

- Slough Borough Council
- Early Help Services
- Children's Social Care (SCST)
- Special Educational Needs and Disabilities
- Young People's Service
- Early Years
- Public Health
- Adult Social Care
- East Berkshire Clinical Commissioning Group
- Solutions for Health
- BHFT
- Children's Centres
- Voluntary and Community Services
- Youth Offending Team

#### **Key Priorities of the Strategy**

In consultation with delivery partners the following key priorities will underpin implementation of the strategy and parenting offer:

- Early intervention and Prevention- Resources will focus on meeting families' needs at the earliest point. The purpose of the parenting offer is to deliver the right level of parenting support to parents who require at the earliest possible time, before problems and issues become entrenched. By supporting parents early, it is anticipated that outcomes will be more positive, ultimately reducing the need for statutory involvement.
- Co-ordinated Multi-Agency Approach A co-ordinated and integrated approach to service delivery is planned to support parents, carers and families. Partner agencies will share information and best practice to ensure a holistic parenting offer is provided in Slough. We are developing referral pathways and processes for parents/carers, ensuring that access to support is timely and appropriate. Service delivery will utilise the skills and expertise of practitioners across services to match delivery with individual expertise and need.
- Quality Standards Clear, consistent quality standards for family and
  parenting support will be established. Practitioners will be trained as Train the
  Trainer for nationally recognised evidence based programmes. Service
  delivery will be quality assured to ensure a continuum of desired standards.
  We will ensure that that support is needs-led rather than being responsive to
  availability. We will develop a quality standards framework for Slough which



describes a core set of competencies and knowledge/skills/experience for workers.

- Participation Wherever possible parents and carers will be involved in the
  planning and delivery of services. We will also involve families in the decisions
  made about their support, to increase their level of participation with services,
  and ensure that interventions offered are relative to their needs. Families'
  experiences and opinions are essential to achieving effective feedback. By
  taking a 'whole family' approach, the voice of the child and family will define
  the effectiveness of our service delivery and the development of our future
  provisions.
- Accessibility and Engagement A needs led approach is key to delivering appropriate and effective provisions. We will source a range of methods to ensure families can access the entirety of the support provision, especially families with complex needs or who are hard to reach through traditional approaches. For example, providing transport and crèche facilities, ensuring provisions offered are run at suitable times of the day and accessing translation services where required.
- Workforce Workers providing family and parenting support will be adequately competent, confident, experienced and qualified. Training for practitioners will be relevant, planned, coordinated and appropriately resourced. Practitioners accessing training for evidence based parenting programmes commissioned by SBC, have completed Expressions of Interest affirming their competencies, experience, skills and commitment to future codelivery. Management feedback and ongoing support processes will be established to improve standards of delivery via A Memorandum of Understanding which underpins the role, responsibilities, and expectations that partner agencies will be signing up to as part of their commitment to the multiagency parenting strategy.
- Co-ordinated Multi-Agency Approach A co-ordinated and integrated approach to service delivery will be taken to support parents, carers and families. Sharing knowledge and best practice across partner agencies is vital to providing a holistic parenting offer across Slough. We will establish clearer referral pathways and processes for parents/carers, ensuring that access to support is timely and appropriate. Service delivery will utilise the skills and expertise of practitioners across services to match delivery with individual expertise and needs.
- Quality Standards Clear, consistent quality standards for family and
  parenting support will be established. Practitioners will be trained in Train the
  Trainer for nationally recognised evidence based programmes. Service
  delivery will be quality assured to ensure a continuum of desired standards.
  We will ensure that that support is needs-led rather than being responsive to



availability. We will develop a quality standards framework for Slough which describes a core set of competencies and knowledge/skills/experience for workers.



# The Parenting Offer

National guidance and local tools that have been sourced to aid the development of the Slough's Parenting Offer include:

- National/statutory guidelines Parenting as a national priority
- NICE (2011) Guidelines (social learning, attachment, CBT approaches)
- EIF recommendations for evidence based programmes
- Statistical Neighbours Data
- Recommendations from other Local Authorities
- Audit of current provisions and identified gaps
- Parent feedback

Below details the range of evidence-based, bespoke and universal parenting programmes that will be incorporated into Slough's Parenting Offer as part of the strategy.



Parenting Offer Grid - For Practitioners.do



Parenting Offer Grid
- Guide for Parents.d



Parenting Support -Useful Contacts & On

## **Action Plan**

The strategy action plan has been established in collaboration with our key partners/stakeholders and outlines the key actions and processes to ensure the successful implementation of the strategy/parenting offer. The Action Plan can be viewed via the link below:



Action Plan.docx



# **Evaluation of the Strategy**

Evaluating the impact and outcomes of our parenting offer will provide direction for the future planning and development of Slough's Parenting Offer.

#### **Service Level Evaluation**

Services will be responsible for examining their work with children and families, and assessing its quality, effectiveness and the extent to which families' needs were met by the support offered. Across Slough, this will be achieved through the use of the single evaluation tool which will be rolled out across all parenting services in Slough. The Parenting Strategy Task & Finish Group members will be responsible for monitoring the progress against the action plan and measuring the outcomes of the strategy.

#### **Evaluation of the Strategy**

The action plan will be monitored and reviewed quarterly by the Parenting Strategy Group Task & Finish Group. From a governance perspective, periodic updates and reports will be shared with the Children and Young People's Partnership Board and the Education and Children's Services Scrutiny Panel.



# Next Steps

On behalf of Slough Borough Council, the Slough Parenting Task and Finish group will ensure:

- The strategy is shared and implemented across the full range of services and governing boards.
- Review the strategy and its action plan at quarterly meetings
- Align strategy with future transformation plans for Slough Borough Council.



### Slough Parenting Strategy – Action Plan

CG= Commissioning Group

T&F Group = Slough Parenting Strategy – Task & Finish Group

	What are trying to achieve	Why we are doing this?	Actions	How will we measure progress?	Lead	Timescale	Review
Dogo ၁၀	We will commission the delivery of Slough's Parenting offer (0-25 inc SEND) ) set out within Slough's Parenting Strategy	Resources and funding are limited and diminishing. It is vital we increase coordination and integrate with future planning to ensure we can deliver relative and effective services under one local offer	Set up a Commissioning Group (made up of lead providers contributing to the financial commissioning and delivery of the parenting strategy)	Strategy is successfully implemented.	Strategic Parenting Officer/CG Members	January 2020	March 2020
		A joint commissioning agreement needs to be in place to drive the parenting strategy forward and sustain its growth	Set up Quarterly Meetings with CG & T&F Group Meetings	Quarterly meetings will provide a forum for discussion on progress and agreeing future actions and developments	Strategic Parenting Officer	December 2019	March 2020

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What are trying to achieve	Why we are doing this?	Actions	How will we measure progress?	Lead	Timescale	Review
We will take a co-ordinated multi-agency approach to the planning and delivery of the Parenting strategy in Slough and will embed the early help agenda within the parenting offer framework  Develop a strong understanding of successful national evidence based	Whilst the planning and delivery of family and parenting support has been coordinated and well managed in the past, there is currently a lack of clarity and direction and services are working in silo.  There are very little evidence-based parenting programmes	Key service areas responsible for providing family and parenting support will ensure that they are represented at the T&F Group.  Carry out multi-agency audit of current parenting support provisions in Slough  Each service to assign a	Each service will have a work stream delivery plan in place which will be reviewed quarterly at T&F Group meetings	T&F Group	December 2019  November 2019	March 2020 January 2020
parenting programmes and align them into Slough's parenting offer accounting for current gaps.	being delivered across Slough	parenting champion within their service area and lead on co-ordinating training and development opportunities for parenting  In accordance to the Parenting SLA, key service areas will commit to one of	Parent Champions within each service area to identify workforce to support the delivery of parent drop in/surgeries & parenting workshops during the year	T&F Group Members/Parent Champions	January 2020	February 2020
		the training/delivery options.  practitioners across their service area		T&F Group Members	January 2020	February 2020

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What are trying to achieve	Why we are doing this?	Actions	How will we measure progress?	Lead	Timescale	Review
We will ensure that more universal services are available for all parents in addition to targeted programmes for the more vulnerable groups –i.e. fathers, domestic violence, mental health, unemployed, English as a second language etc.	There is extensive research which suggests that universal interventions if available to parents and families in the early years can positively influence parenting behaviours from the outset and will in turn improve their child's life outcomes.	Collect data on existing parenting programmes /interventions to identify gaps in current provisions	We will measure the extent to which current provisions meet the needs of both vulnerable and parents/carers in general and set up plans to commission services where gaps exist.	T&F Group members	January 2020	March 2020
	Universal provisions can be accessible in a non-stigmatising way which is more likely to encourage more parents/carers and families to engage.  There is a need for on-	We will work with Early Help to establish a baseline of the current levels and need for parenting support offered across Slough and develop needs-led interventions at each level of need	Quarterly collation of data such as number of referrals, number of engagers/non- engagers for our universal and targeted provisions will help validate effectiveness of	Strategic Parenting Officer	January 2020	March 2020
	going analysis of family's needs to ensure that support offered is fit for purpose.	Develop a common referral pathway via a single parenting screening tool which will be shared with all statutory, private and voluntary services	processes in place		February 2020	March 2020

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Routinely explore alternative programmes and interventions to inform and discuss with the T&F	Ongoing	March 2020
group members		

	What are trying to achieve	Why we are doing this?	Actions	How will we measure progress?	Lead	Timescale	Review
	Parents/Carers should be involved in the planning, delivery and evaluation of	Parents/carers are more often involved in consultation about services and programmes once they have been delivered	T&F Group will champion the need for parent participation  We will involve a	We will work with parents and carers to evaluate the parenting offer	Strategic Parenting Officer	Ongoing	March 2020
Page 33	the parenting offer	It is significantly less common that parents/carers are involved in the planning stages of provisions being implemented.  Consequently, findings from consultations are not given sufficient weighting in	parent group from the outset in the planning and delivery of parenting programmes and ensure provisions are relative and accessible to parents and families  We will work with	We will work with Parents to evaluate participation and to identify areas for improvement	Strategic Parenting Officer	Ongoing	March 2020
		subsequent decision making.	agencies to develop volunteering opportunities for parents to deliver parenting programmes	We will have an identified cohort of parents who have been trained as group work co- facilitators	Strategic Parenting Officer	Ongoing	March 2020

What are trying to achieve	Why we are doing this?	Actions	How will we measure progress?	Lead	Timescale	Review
Develop and publicise Information and material across the community, service providers	To ensure all information and resources is shared and accessible to all i.e. across services, community groups and service users (parents carers and families  All services users are informed with up to date information	Develop a parenting offer website for Slough's Parenting Offer – liaise with key partners to establish web links across services, including voluntary services  Develop Referral Guidance Leaflet for practitioners  Develop parenting support services guide for practitioners in front line services detailing menu of parenting offer  Develop parenting offer leaflet for parents.	Monitor number of hits on website  Monitor level of interest initiated from sources  Ongoing review and updates of information and material with key partners and services	Strategic Parenting Officer	January 2020	March 2020

	What are trying to achieve	Why we are doing this?	Actions	How will we measure progress?	Lead	Timescale	Review
	Develop a clear, integrated monitoring & evaluation process for parenting provisions delivered in Slough	Current parenting interventions lack consistency with monitoring and evaluation processes with little evidence of outcomes or long term impact of parenting interventions  Some data is collated	Develop a generic parenting offer 'evaluation tool' in order to collate coherent and structured feedback on Slough's parenting provisions (align with strengthening families framework)	Evaluation tool will be implemented and data from tool to be collated and presented in quarterly reporting	Service Leads/Parenting Champions from each service	January 2020	March 2020
Page 35		or analysed centrally to evidence the impact of family and parenting support, but this is mostly related to Early Help referrals alone. Evaluation data from	Share evaluation tool across all services (including community services) delivering parenting provisions in Slough	Data collection framework (process and timelines) to be shared with all delivery partners and reviewed periodically	Strategic Parenting Officer	January 2020	March 2020
		external and voluntary provisions are not being shared centrally	Implement robust monitoring and evaluation processes to assess impact and	We will review outcomes (qualitative & quantitative) of provision delivery and validate all locally developed or adapted programmes	Strategic Parenting Worker/Parenting Champions	Post phase 1 of delivery	TBC
			outcomes of programmes and interventions	Service leads will collect and share data/outcomes evidencing what's	Service Leads/T&F Group members	Post phase 1 of delivery	TBC

		working/what isn't and identify gaps.  Service areas to monitor progress on their parenting provisions work streams and provide updates at T&F Group Meetings	Service Lead/T&F Groups members	Post phase 1 of delivery	TBC
Page 36		Ensure all progress/feedback data is collated centrally to measure true impact of Slough's parenting offer	Strategic Parenting Officer	Post phase 1 of delivery	TBC

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	What are trying to achieve	Why we are doing this?	Actions	How will we measure progress?	Lead	Timescale	Review
	Practitioners providing parenting and family support will be sufficiently competent, confident, experienced and qualified.	Practitioners need to be able to demonstrate a core set of competencies in order to ensure their service delivery meets the	Carry out a multi - agency skills audit of current workforce.	Practitioners to be observed on service delivery and continually supported with CPD.	Parenting Champions	December 2019	March 2020
Page 37		quality standard guidelines (NOS) as well as needs of parents/carers and their families.  Service delivery will utilise the skills and experience of staff,	Based on the findings of a training needs analysis, key service areas will access relevant training and development opportunities to enhance expertise of practitioners	Coaching and reflective supervision will be made available both on a one to one and group basis, particularly to new staff and those taking on new responsibilities.	T&F Group members	Ongoing post phase 1 of delivery	ТВС
		matching delivery with their capabilities and training.		Peer supervision and feedback will be established to improve quality of service delivery	Parenting Champions	Ongoing post phase 1 of delivery	ТВС

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**Knowledge**pool

# Reducing Parental Conflict Train the Trainer Course Expression of Interest

Slough Borough Council are offering up to 20 individuals (professionals/and or volunteers) from local services and organisations the opportunity to undertake Reducing Parental Conflict (RPC) Train the Trainer course. As a Train the Trainer instructor you will be required to support the delivery and future training of the programme within Slough. In order to be considered for a place for the Trainer the Trainer Course, please complete and return the attached Expression of Interest form and return by 5pm on Wednesday 29<sup>th</sup> January 2020

## The Instructor Training

 Training takes place over 2 days. The planned training dates are below and the training will take place in Slough.

Monday 24 <sup>th</sup> February 2020	(9:30-17:00) Observatory House, 25 Windsor Road, Slough
Tuesday 25 <sup>th</sup> February 2020	(9.00-17.30) Observatory House, 25 Windsor Road, Slough

For full information about the training please follow link below:



#### **Trainer Expectations**

- The cost of the training (all modules) is fully funded by SBC but your service area will need to cover travel costs to and from the training
- Anyone attending the Train the Trainer course should either attend all modules (module 4 only applies
  to supervisors/managers) as face to face training, or as a minimum have completed modules 1 & 2
  online and completed module 3 as face-to-face training. Scheduled dates for modules below:

10/02/2020	Module 1 - Understanding parental conflict & its impact on child outcomes
10/02/2020	Module 1 - Understanding parental conflict & its impact on child outcomes
13/02/2020	Module 2 - Recognising & supporting parents in the parental conflict
13/02/2020	Module 2 - Recognising & supporting parents in the parental conflict
18/02/2020	Module 3 - Working with parents in parental conflict
18/02/2020	Module 3 - Working with parents in parental conflict

- Once you have attended the training you will be required to co-deliver a minimum of two courses alongside any refresh/review workshops (up to 2 per year) between April 2020-March 2021
- Dates for co-delivery training will be shared and confirmed with you in advance
- You will need to attend SBC's RPC Steering Group Meeting 3 times a year (each meeting will be for 2 hours).

## **Eligibility Criteria**

 Applications to train as an instructor must be made using the attached expression of interest form outlining your skills, qualities and experience that will make you a good RPC instructor

- Interested applicants ideally would have undertaken and/or delivered training in relative areas i.e. 'whole family working', Mental Health, Attachment & Trauma, safeguarding etc.
- Your organisation has authorised for you to attend the training dates stated above provide a continued commitment towards delivery.
- Your application must be supported by a Manager/Head of Service (who can confirm the criteria has been met and that they support your application and future commitments )
- Your organisation will need to be prepared to sign an agreement (memo of understanding/Service Level Agreement) to commit to you fulfilling the requirements listed within this document (pre and post training)

## Once you are a approved trainer, there is the following expectation:

- Between April 2020-March 2021 you will deliver at least two courses (two days per course) dates will be pre-set by SBC
- Attend at least one regional RPC instructor network events annually.

If you have any questions please contact Anjli Sidhu by email: anjli.sidhu@slough.gov.uk

Closing dates for applications – 5pm on Wednesday 29th January 2020



Knowledgepool

## Reducing Parental Conflict Train the Trainer Course Expression of Interest Form

Please return completed forms back to Anjli.Sidhu@slough.gov.uk. by 5pm Wednesday 29th January 2020

Please add in subject Reducing Parental Conflict Train the Trainer Programme - Application for training place.

A small panel will review all applications and places will be allocated based on the strength of application forms. We will contact all applicants by close of play on Monday 3<sup>rd</sup> February 2020.

Mobile number Email	
Email	
<del></del>	
Position	
Organisation	
Supporting information : (max 500 words) please outline your skills, qualities and experience that will you a good RBC Trainer	I make
I confirm that  I can attend the training on 24 <sup>th</sup> & 25 <sup>th</sup> February 2020.  I have read all of the requirements pre and post training and understand the commitment and	d can meet
the requirements listed	
Signed	
Print Name	
Date	
Line Manager/Head of Service approval  Please obtain your line managers authorisation by getting them to complete the below:	
Signed	
Signed Print Name	
Signed	







## Triple P Parenting Programme Provider Training Course Expression of Interest

Slough Borough Council has recently secured an excellent opportunity for the implementation of Triple P Parenting Programmes. A combined training programme in Group 0-12 Triple P and Group Teen Triple P has been organised for Slough based practitioners. For further details on these programme, follow the links below:

#### **Group 0-12 Triple P and Group Teen Triple P Training:**





ENG\_Group Teen Triple P\_LTR (1).pdf ENG\_Group Triple
P LTR (1).ndf

We are offering up to 20 practitioners (professionals and/or volunteers) from local services and organisations the opportunity to undertake the Triple P Provider Training Course in the above programmes.

As a trained practitioner, you will be required to implement Triple P delivery within your working practice within Slough. In order to be considered for a place for Triple P Provider Training, please complete and return the attached Expression of Interest form and return to Anjli Sidhu via email: anjli.sidhu@slough.gov.uk by 5pm on Friday 28<sup>th</sup> February 2020.

Training takes place over 4 days. The training dates are below and will take place in Slough after which you will need to attend the Pre-Accreditation Workshop and 1 Accreditation day. Please see dates below:

Group and Group Teen Extension Training - all attend		March 23rd - 26th 2020 (Full Days)
	Group and Group Teen Pre-Accreditation Workshop - all attend	April 27th 2020 (Full Day)
	Group and Group Teen Accreditation (each person attends 1 day)	April 28th,or 29th or 30th 2020 (Full Day)
Triple P Briefing		March 12 <sup>th</sup> 2020
	(Upon Selection Only)	(11am-11.30am)

- The cost of the training (£1775 per delegate) is fully funded by SBC but your service area will need to cover travel costs to and from the training
- All dates listed above are compulsory and must be adhered to in order to receive full accreditation
- Once you have attended the training, practitioners will be required to co-deliver a minimum of two
  courses between April 2020-March 2021 (in line with the aims of Slough's Multi-agency Parenting
  Strategy for Parents, Carers & Families).
- Dates for any co-delivery training will be shared and confirmed with practitioners in advance by the lead parenting co-ordinator.
- You will need to attend Slough's Triple P Peer Group Meetings 3 times a year (each meeting will be for 2 hours).

If you have any questions please contact Anili Sidhu by email: anili.sidhu@slough.gov.uk

Closing dates for applications – 5pm on Friday 28th February 2020





## Triple P Parenting Programme Provider Training Course Expression of Interest

Please return completed forms back to Anjli.Sidhu@slough.gov.uk. by 5pm Friday 24th February 2020

Please add in subject Triple P Parenting Programme - Application for Train the Trainer.

A small panel will review all applications and places will be allocated based on the strength of application forms. We will contact all applicants by close of play on Friday 28th February 2020.

Full Name Mobile number

Email Position

Organisation	
a good Triple P Train	on: (max 500 words) please outline your skills, qualities and experience that will make you ner. Please highlight any training undertaken and/or delivered in relevant areas i.e. 'whole tal Health, Attachment & Trauma, safeguarding, child & adolescent development etc.

## Please confirm your agreement to the following Commitment Criteria by ticking in the last box

Upon selection, I will attend the Triple P Briefing on 12th March 2020	
I can confirm my attendance to the Triple P Training between 23rd-26th March 2020.	
I can confirm my attendance to the Accreditation Workshop on 27 <sup>th</sup> April 2020	
I will attend an Accreditation Day on either 28th, 29th or 30th April 2020	
I agree to co-delivering a minimum of 2 Triple P Programmes between April 2020-March 2021, (in	
line with the aims of Slough's Multi-agency Parenting Strategy for Parents, Carers & Families).	
I agree to attend Slough's Triple P Peer Group Meetings 3 times a year	
I have read and understood the requirements pre and post training and can meet the requirements	
listed	
My Manager has authorised for me to attend the training dates stated above and provide a	
continued commitment towards delivery in the future	

Signed	
Print Name	
Date	



Date



## Triple P Parenting Programme Provider Training Course Expression Of Interest

## To be completed by Manager or Service Lead:

## Please confirm your agreement to the following Commitment Criteria by ticking in the last box

I agree to accommodate my staff's time commitments for training, future preparation and delivery of Triple P programmes.						
I agree to incorporate Triple P support processes within supervision, peer support and QA procedures when developing service targets as these steps are vital to ensuring the long-term success of the programme						
	I agree to my staff co- delivering a minimum of 2 Triple P Programmes between April 2020-March 2021, (in line with the aims of Slough's Multi-agency Parenting Strategy for Parents, Carers &					
I agree to evaluate de effectiveness, potentia	elivery methods of Triple P within my service area (meeting targets, al for improvement)					
	olished data collection systems and ensure information from our data analysis he parenting strategy group.					
	an agreement (memo of understanding) to commit to fulfilling the requirements ment (pre and post training)					
Signed						
Print Name						
Position						

Thank you





## Parenting in Slough

#### A Multi-agency Strategy for Parents, Carers and Families

#### Memorandum of Understanding

Slough Borough Council is committed to the development and implementation of the multiagency parenting strategy and associated offer.

With a primary focus on early intervention and prevention, Slough's parenting offer will take a multi-agency approach to provide both universal and targeted parenting support to improve the future outcomes for children, young people and families in Slough.

Multi-agency working is a key component of our delivery framework and there are high aspirations for collaborative working which aims to provide an effective holistic approach to our service. Partnership working will not only be between statutory agencies, for example, the Council, but also health agencies, the voluntary and community sector, independent providers and, of course, families. Co-design is an integral part of the offer.

This Memorandum of Understanding (**MoU**) sets out the terms and expectations between delivery partners and stakeholders.

This MOU is not intended to be legally binding and no legal obligations or legal rights shall arise between partners from this MoU. However, partners should enter into this MoU intending to honour best endeavours towards all outcomes and inferred obligations through discussion and partnership working.

## **MoU Principles**

This MoU is agreed and signed in good faith and all efforts should be made by partners to adhere to the following MoU Principles:

- Work with partners to deliver the recommendations set out in the multi-agency strategy
- Strengthen cohesiveness of parenting support across Slough
- Strengthen the availability and accessibility of general information and advice to parents
- Build parenting capacity in specific areas where gaps have been identified
- Ensure there is a clear focus on early intervention and prevention



## Partner Roles & Responsibilities

## Slough Borough Council will:

- Ensure that the multi-agency strategy is shared and implemented across service areas and partners organisations
- Ensure partners are kept informed of ongoing developments and changes to the strategy/offer
- Ensure that the parenting offer is commissioned in a joined up, cross partnership way
- Continue to coordinate the Parenting Task and Finish Group which comprises of key partners that will contribute to the implementation of the strategy
- Schedule quarterly meetings for the Task and Finish Group
- Develop a framework for training, accreditation and workforce development
- Share promotional material and digital systems across agencies to strengthen the parenting offer

By signing this MoU, your organisation/service area will:

- Ensure that there is representation from your service area/organisation at the quarterly Task and Finish group meetings
- Commit to the strategy's plan for workforce development and ensure relevant staff within your service are identified for the commissioned Train the Trainer parenting programmes
- Commit to the co-delivery of parenting provisions if your staff have accessed training for parenting 'Train the Trainer' programmes. As a guide, for example:
  - Commit to staff co-delivering 1 parenting programme annually if training is funded by their own service area
  - Commit to staff co-delivering 2 programmes if training is funded by SBC
- Provide, wherever possible, cover for parent drop ins/surgeries run 2 x weekly across the network of children's centres across Slough
- Identify a parenting champion within your service area that will oversee the work of parenting within your service area/organisation
- Support, with strengthening, the methods of availability and accessibility of general information and advice to parents/carers
- Present quarterly updates on work streams within their service area and contribute to the progress of the strategy's action plan



On behalf of Slough Borough Council	On behalf of
Signature:	Signature:
Name:	Name:
Date:	Date:





## **Slough's Parenting Offer**

Universal - Open to all

Early Intervention- Threshold 2

Targeted/Statutory-Threshold 3 & 4

Age Band	Specialist Area	Programme Web Link	Description	Lead & Contact Details	Support Level
			Antenatal/Postnatal		
Ant enatal		Midwifery Services www.fhft.nh.uk	If you are pregnant and would like to have your baby at Wexham Park Hospital please complete the online pregnancy notification form  www.fhft.nhs.uk/services/maternity/pregnancy-notification-forms/	Wexham Park Hospital Tel: 01753 633000	Universal Early Intervention Targeted
			You will be offered appointments with you midwife appointments at 16,28,31,34,36,38,40 and 41 weeks to see either you midwife or GP.  Crystal Team midwives: enhanced midwifery care team – for referral discuss this with your midwife at booking appointment.		
Antenatal & postnatal		Bump Start	Pre-birth to one year post-birth support for Mums. This is an interactive and non-judgemental 6 session course enabling mothers to explore their feelings and concerns over pregnancy and becoming a mum. The course aims to empower mums and give them a better understanding of pregnancy & birth, emotional wellbeing, family relationships, support services and social networks, attachment and infant brain development and caring for a new baby.	Home-Start Slough  Tel: 01628 661 029 or office@hsslough.co.uk	Universal
Pre-birth		Family links Antenatal Pre-birth	Supporting parents with bonding & attachment with the new baby and preparing them for family life with a new baby.	Early Help Hub Tel: 01753 476556	Universal Early Intervention Targeted



Antenatal & postnatal		Solihull approach Maternity at Frimley Health and Care https://www.frimle yhealthandcare.org .uk/maternity	<ul> <li>This Solihull Approach antenatal online course gives parents practical information about pregnancy and birth, whilst at the same time introducing them to their baby.</li> <li>Features include: <ul> <li>Coproduced information from preconception to early parenthood.</li> <li>Easy access to FHFT clinical guidelines</li> <li>Signposting to evidence based information and local sources of help and support.</li> <li>Information about a range of maternity services at both FPH and WPH</li> <li>Translation into over 100 languages.</li> <li>Latest news and updates.</li> <li>Links to social media</li> </ul> </li> </ul>	For further information contact Early Help Hub Tel: 01753 476556	Universal
Pre-natal & Post- natal	Mental Health	Best Beginnings online App https://www.bestb eginnings.org.uk/	Nationally developed app- available for free download - developing practical, simple, educational and interactive tools to support parents-to-be and new parents – includes antenatal, postnatal, breastfeeding & mental health support	Online resource	Universal Early Intervention
Antenatal – 5 years		Health Visitor Baby Clinic	Health visitors and school nurses services are integrated into the early help service and are well placed to offer parenting support at the very earliest stages of a child's life using the evidence based Solihull approach.  Available to any family with a child under 5 years living in Slough. Health Visitor are available to support with weigh your baby and answer any question regarding their health and development.	Run by Midwifery & Health Visitors Early Help Hub Tel: 01753 476556	Universal Early Intervention Targeted



Age Band	Specialist Area	Programme Web Link	Description	Lead & Contact Details	Support Level				
	0-8 Years								
		Mums in Mind	Birth to two year post-birth support for mums who are feeling low in mood, anxious, angry and/or experiencing relationship issues. This course provides Mellow Parenting and CBT techniques to help provide an understanding of and ways to manage and cope with their feelings. It also gives opportunities to recognise and change negative thinking habits. The course is limited in numbers of participants to help build confidence and relationships. A professional crèche is provided to give mums space to reflect. Craft activities are provided from the outset which encourage mums to be present and re-focus their	Home-Start Slough  Tel: 01628 661 029 or office@hsslough.co.uk	Early Intervention				
1-3		Book Start Corner	Book Start Corner is a free, targeted programme aimed at families with children aged 12-30 months who might need extra support to develop a love of stories and rhymes (e.g. families with 2-year-olds eligible for free early education or childcare).  Corner is designed for settings that work directly with these families. These are usually children's centres or family hubs that support child development and parents and carers' aspirations and skills.  The programme is structured around a series of flexible sessions that can be held in various ways to suit both the families and setting's needs. They are designed to build on the vital work already taking place	Family Information Service Tel: 01753 476589	Early Intervention				



		Chatty Monkeys	Specialist Play Group for children with sensory impairment		
1-3				Early Help Hub Tel: 01753 476556	Early Intervention
3-6		Webster Stratton Pre-school BASIC Parent Programme	The Pre-school BASIC Parenting programme (for parents of children aged 3-6 years) is designed to assist parents in managing children's behaviour problems. This programme includes: play, helping children learn, positive reinforcement, limit setting, non-physical discipline alternatives, problem solving, effective communication skills and supporting children's education.	Early Help Hub Tel: 01753 476556	Universal
0-5		Peep Learning Together	Takes a play and learn approach to develop secure attachment relationships with their babies and children. Targeted 6 week play and learn programme `	Early Help Hub Tel: 01753 476556	Targeted
0-8		Aspects of Parenting	A short course which provides an introduction to managing everyday family issues such challenging behaviour, family relationships, routines and communication. Also delivered in Urdu & Punjabi	Early Help Hub Tel: 01753 476556	Early Intervention
2-4		Holding Hands	A play-based programme where parent and child work together with a professional and behaviour strategies are discussed and reviewed	SEBDOS Tel 01753 521734 Mob:07774 919000 Email: post@littledown.slough.s ch.uk	Early Intervention Targeted
0-5	Autism	Early Bird	Appropriate for parents with children with a diagnosis of an autistic spectrum disorder. The Early Bird programme supports parents to help then understand the child's autism and explore ways to develop effective interaction & communication	Family Information Service Tel: 01753 476589	Early Intervention Targeted
5-8	Autism	Early Bird plus	For families whose child has received a later diagnosis of autism (between 4 & 8 years old) and is in Early Bird Plus uses the established Early Bird framework of teaching about autism how to develop communication or manage behaviour	Family Information Service Tel: 01753 476589	Early Intervention Targeted



Age Band	Specialist Area	Programme Web Link	Description	Lead & Contact Details	Support Level
	•		8+ Years		
812		SEBDOS Parent Group Workshops	Keeping children safe online Getting your child ready for Primary school/Secondary school Understanding children's behaviour and what it tells us How to react to behaviours shown	SEBDOS Tel 01753 521734 Mob:07774 919000 Email: post@littledown.slough.s ch.uk	Universal Early Intervention Targeted
0-12		Group Triple P	A broad-based parenting intervention delivered over eight weeks for parents of children up to 12-years. Parents actively participate in a range of exercises to learn about the causes of child behaviour problems, setting specific goals, and using strategies to promote child development, manage misbehaviour, and plan for high-risk situations	SBC Parenting Officer Anji.sidhu@slough.gov.uk	Targeted
12-18	Teenagers	Group Teen Triple P	Workshop for parents wanting to support their teenager's development and potential or they may have concerns about their teenager's behaviour. Parents also learn how to plan around risk-taking behaviour and risky situations	SBC Parenting Officer Anji.sidhu@slough.gov.uk	Targeted
8+	Exploitation Gangs Knife crime Substance misuse	Browns Community Services Rebuild Programme	This programme supports the parents of children who have experienced, or are at risk of, child exploitation. This includes sexual, gang, drug (e.g. county lines) and peer-on-peer exploitation. The project enables parents to work with a Parent Support Worker, as well as to see a specialist trauma counsellor and to attend employment and social media upskilling courses.	SBC Parenting Officer Anji.sidhu@slough.gov.uk	Targeted
8+	Mental Health Anxiety	Browns Community Services The 3Es to Wellbeing Course	A bespoke six week programme which enables parents to look at methods of encouraging positive mental wellbeing. Parents/carers are supported to gain skills that help them cope with the normal stresses of daily life, deal with uncertainty, work productively and be part the local community.	SBC Parenting Officer Anji.sidhu@slough.gov.uk	Early Intervention Targeted
8+	Exploitation Gangs	Browns Community Services #Intheknow	This is a 4-6 week group programme with options to tailor	SBC Parenting Officer	Early Intervention Targeted



	Knife crime Substance misuse Social Media		topics in response to needs identified: For example, Option 1 - supports parents of children who have experienced, or are at risk of, child exploitation. This includes sexual, gang, drug (e.g. county lines) and peer-on-peer exploitation. Option 2- Upskill parents around social media and topics including cyberbullying. Parents develop an understanding of the intricacies of social media and recognise the signs of grooming.	Anjli.sidhu@slough.gov.uk	
8+		Browns Community Services Money Matters course	This is a 4 week programme on budgeting skills to help parents better manage their finances, so they can save, give and prevent debt.	SBC Parenting Officer Anjli.sidhu@slough.gov.uk	Early Intervention Targeted



Age Band	Specialist Area	Programme Web Link	Description	Lead & Contact Details	Support Level			
	All Ages							
All ages		Slough Family Information Service (FIS)	Website offers information on: Support and advice for families with children and young people Childcare for children aged 0-13 Financial support and help with childcare costs. Free early education for 2, 3 and 4 year olds Children's Centres and family services Schools and school-based family services Activities for children, young people aged 0-19 and families The Local Offer including activities and services for children and young people with special educational needs and disabilities (SEND) Adult education and employment	Family Information Service Tel: 01753 476589	Universal Early Intervention Targeted			
All Ages		Family Support Group	A tailored programme which can be delivered as a non-judgemental group or directly into the homes of families by our trained volunteers. The aim is to prevent or reduce the emotional stress caused to the children growing up in household which is struggling to cope with the numerous demands of family life. The aim will be to focus on consistent positive parenting techniques, quality families time, positive and warm communication – to build stronger family connections and emotional well-being.	Home-Start Slough  Tel: 01628 661 029 or office@hsslough.co.uk	Universal Early Intervention			
All Ages	Emotional Wellbeing	Emotional First Aid	For mums who feel overcome with past negative experiences and want to find a better way of coping with their feelings about these. In turn the mums cope better allowing them to be emotionally available for their own children. This 6 session course encourages emotional expression and the development of helpful coping strategies which improve their mental wellbeing.	Home-Start Slough  Tel: 01628 661 029 or office@hsslough.co.uk	Early Intervention Targeted			



All ages	SEND support	SENDIASS (Special Educational Needs & Disabilities Information Advice & Support Service)	SENDIASS provides free impartial, confidential and accurate information, advice & support about education, health & social care for children, young people and their parents on matters relating to special needs and disability PRP is a twelve-session group work programme designed to support group members who have evidenced aggression within their intimate partner relationships.	Family Information Service Tel: 01753 476589	Early Intervention Targeted
All ages	DV	Inspiring Families – Positive Relationships Programme	PRP is an educational, strength-based programme that supports individuals who want to find healthier, safer solutions to relationship-based problems and conflict.  PRP addresses the following key areas: Increasing self- and other-awareness Self-efficacy and self esteem Emotional regulation Alcohol awareness Social problem solving skills training Goal and solution identification Resources, skills and tools to resolve social problems and aggression within intimate relationships	Funded by Thames Valley PCC Community Rehabilitation Company Early Help Hub Tel: 01753 476556	Early Intervention Targeted
All ages	Substance Misuse	Turning Point Slough Advice Centre	Information and advice to support people with drug or alcohol issues, a mental health concern, learning disability or employment solution.	Early Help Hub Tel: 01753 476556	Targeted
		Learning & Employment	Slough Children's Centres know that it can be a challenge for parents of children under 5 years to find suitable employment or training opportunities. We work in partnership with a range of organisations providing a wide variety of courses to help you into employment or further training and education. We offer courses in English (including ESOL), Maths, Childcare, interview skills, ICT (information and communication technology) and volunteering.	Contact the Family Information Service on 01753 476589 www.slough.gov.uk	Universal Early Intervention Targeted
		CYPIT https://cypf.berkshir ehealthcare.nhs.uk/c	Supports families with children (up to the age of 19) with occupational therapy, physiotherapy, speech and language	Berkshire Healthcare Tel: 0300 365 1234	Targeted



	<u>onta</u>	act-us/	therapy and specialist dietetic services		
All ages	Redu Conf	lucing Parental flict	Interventions which focus solely on supporting the parent-child relationship (such as parenting programmes) in the context of parental conflict are unlikely to improve outcomes for children. Evidence suggests that fathers' parenting may be more adversely affected by parental conflict (by withdrawing or becoming hostile) yet fathers are less likely to be reached by support services  This programme supports practitioners, supervisors, managers and wider agencies in building awareness and developing the confidence, knowledge and skills to work with parents to reduce conflict and drive more positive outcomes.	SBC Parenting Officer Anjli.sidhu@slough.gov.uk	Early Intervention Targeted
All ages	line   deve (see http: c.gov com: supp advic cours	hull Approach on- parenting being eloped by the ICS es://www.surreyc ov.uk/people-and- munity/families/ port-and- ice/parenting- rses-and- ice/online-guides	Free access to three online parenting guides that include top tips from childcare, education and NHS health experts. Understanding your pregnancy, labour, birth and your baby Understanding your baby Understanding your child 0 to 19 years  The online guides contain advice relevant to expectant parents, parents, grandparents and carers of children of all ages including those with Special Educational Needs and Disabilities (SEND).  Access to the guides is unlimited with no expiry date, so you can return as and when you need and want to. Each guide has between 9 to 11 sessions which last roughly 20 minutes each, there are also activities that can be carried out between courses.	SBC Parenting Officer Anjli.sidhu@slough.gov.uk	Universal Early Intervention Targeted
All Ages	Rom Supp		Outreach support for children and families within the ROMA community	Alex Potop Community Development team	Universal



				Slough Borough Council Tel: 07784 207506	
All ages		Mind Ed for families https://mindedforfa milies.org.uk	Safe and reliable advice about young people's mental health, created by experts and parents together	Online Resource	Universal
All ages		Parent Drop in Sessions	Weekly drop in sessions for parents at Slough's local children's Centres. Parents/cares will be offered friendly advice, or signposting to other services in the area that may be able to help you further.	Early Help Hub Tel: 01753 476556	Universal
All ages	Co-parenting	Better co- parenting, happier kids. Our Family Wizard	With 'Our Family Wizard', parents' schedule, files, contacts, and communication are contained within one app, so they can solve shared custody challenges faster and without confusion. That means less conflict and more energy to focus on the children.  Powerful tools document your parenting time, child-related expenses, exchanges, and more	This is a self-help service  This is an online app and can be accessed via the link below: <a href="https://www.ourfamilywizard.co.uk/">https://www.ourfamilywizard.co.uk/</a>	
Al Ages	Employability	Industrial Mentoring	Local employers providing mentoring/support to parents that would like to develop their employability skills ton increase their future chances securing and sustaining training and employment	SBC Parenting Officer Anjli.sidhu@slough.gov.uk	Early Intervention Targeted



## Slough's Parenting Offer

Childre n's Age range	Programme & Lead Organisation	Programme Description	How can I access this service
Antenatal	Midwifery Services Frimley Health	If you are pregnant and would like to have your baby at Wexham Park Hospital please complete the online pregnancy notification form.  You will be offered appointments with you midwife appointments at 16,28,31,34,36,38,40 and 41 weeks to see either you midwife or GP. Crystal Team midwives: enhanced midwifery care team – for referral discuss this with your midwife at booking appointment.	This is a self-help service  For more information, contact Wexham Park Hospital Tel: 01753 633000 www.fhft.nh.uk  Complete the online form using the following link: www.fhft.nhs.uk/services/m aternity/pregnancy- notification-forms/
Antenatal & postnatal	Bump Start Home-Start Slough	Pre-birth to one year post-birth support for Mums. This is an interactive and non-judgemental 6 session course enabling mothers to explore their feelings and concerns over pregnancy and becoming a	This is a self-help service  For more information, contact the Family Information Service on 01753 476589 or visit



		mum. The course aims to empower mums and give them a better understanding of pregnancy & birth, emotional wellbeing, family relationships, support services and social networks, attachment and infant brain development and caring for a new baby.	www.slough.gov.uk or Home-Start Slough Tel: 01628 661 029 office@hsslough.co.uk
Pre-birth	Family links - Antenatal Pre-birth Slough Borough Council	Supporting parents with bonding & attachment with the new baby and preparing them for family life with a new baby.	This is a specialised provision and can be accessed via referral from professional Services For further information, contact the Early Help Hub Tel: 01753 476556
Antenatal & postnatal	Solihull Approach Maternity at Frimley Healthcare Frimley Health	This Solihull Approach antenatal online course gives parents practical information about pregnancy and birth, whilst at the same time introducing them to their baby.  Features include:  Coproduced information from preconception to early parenthood. Easy access to FHFT clinical guidelines Signposting to evidence based information and local sources of help and support. Information about a range of maternity services at both FPH and WPH Translation into over 100 languages. Latest news and updates.	This is a self-help service  This online resource can be accessed via the maternity section of the FHFT site or at: https://www.frimleyhealthandcare.org.uk/maternity



		Links to social media	
Pre-natal & Post- natal	Best Beginnings online App Best Beginnings	Nationally developed app- available for free download - developing practical, simple, educational and interactive tools to support parents-to-be and new parents – includes antenatal, postnatal, breastfeeding & mental health support	This is a self-help service  This is an online resource and can be accessed via the link below: <a href="https://www.bestbeginnings.org.uk/">https://www.bestbeginnings.org.uk/</a>
Antenatal – 5 years	Health Visitor Baby Clinics (Run by Midwifery & Health Visitors) Frimley Health	Health visitors and school nurses services are integrated into the early help service and are well placed to offer parenting support at the very earliest stages of a child's life using the evidence based Solihull approach.  Available to any family with a child under 5 years living in Slough. Health Visitor are available to support with weigh your baby and answer any question regarding their health and development.	This is a self-help service  For more information, contact the Family Information Service on 01753 476589 or visit www.slough.gov.uk

Age Band Web Link Description Lead & Contact Details	Age Band	Programme Web Link	Description	Lead & Contact Details
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	Mums in Mind Home-Start Slough	Birth to two year post-birth support for mums who are feeling low in mood, anxious, angry and/or experiencing relationship issues. This course provides Mellow Parenting and CBT techniques to help provide an understanding of and ways to manage and cope with their feelings. It also gives opportunities to recognise and change negative thinking habits. The course is limited in numbers of participants to help build confidence and relationships. A professional crèche is provided to give mums space to reflect. Craft activities are provided from the outset which encourage mums to be present and re-focus their	This is a self-help service  For more information, contact the Family Information Service on 01753 476589 or visit www.slough.gov.uk or Home-Start Slough Tel: 01628 661 029 office@hsslough.co.uk
1-3	Book Start Corner Slough Borough Council	Book Start Corner is a free, targeted programme aimed at families with children aged 12-30 months who might need extra support to develop a love of stories and rhymes (e.g. families with 2-year-olds eligible for free early education or childcare).  Corner is designed for settings that work directly with these families. These are usually children's centres or family hubs that support child development and parents and carers' aspirations and skills.  The programme is structured around a series of flexible sessions that can be held in various ways to suit both the families and setting's needs. They are designed to build on the vital work already taking place	This is a self-help service  For more information, contact the Family Information Service on 01753 476589 or visit www.slough.gov.uk



1-3	Chatty Monkeys Slough Borough Council	Specialist Play Group for children with sensory impairment	This is a specialised provision and can be accessed via referral from professional services  For further information, contact the Early Help Hub  Tel: 01753 476556
3-6	Webster Stratton Pre-school BASIC Parent Programme Slough Borough Council	The Pre-school BASIC Parenting programme (for parents of children aged 3-6 years) is designed to assist parents in managing children's behaviour problems. This programme includes: play, helping children learn, positive reinforcement, limit setting, non-physical discipline alternatives, problem solving, effective communication skills and supporting children's education.	This is a self-help service  For more information, contact the Family Information Service on 01753 476589 or visit www.slough.gov.uk
0-5	Peep Learning Together Slough Borough Council	Takes a play and learn approach to develop secure attachment relationships with their babies and children. Targeted 6 week play and learn programme `	This is a specialised provision and can be accessed via referral from professional services  For further information, contact the Early Help Hub  Tel: 01753 476556
0-8	Aspects of Parenting Slough Borough Council	A short course which provides an introduction to managing everyday family issues such challenging behaviour, family relationships, routines and communication. Also delivered in Urdu & Punjabi	This is a specialised provision and can be accessed via referral from professional services  For further information, contact the Early Help Hub  Tel: 01753 476556
2-4	Holding Hands SEBDOS	A play-based programme where parent and child work together with a professional and	This is a specialised provision and can be accessed via referral from



		behaviour strategies are discussed and reviewed	professional services  For further information, contact the Early Help Hub  Tel: 01753 476556
0-5	Early Bird Slough Borough Council	Appropriate for parents with children with a diagnosis of an autistic spectrum disorder. The Early Bird programme supports parents to help then understand the child's autism and explore ways to develop effective interaction & communication	This is a specialised provision and can be accessed via referral from professional services  For further information, contact the Early Help Hub Tel: 01753 476556
5-8	Early Bird plus Slough Borough Council	For families whose child has received a later diagnosis of autism (between 4 & 8 years old) and is in Early Bird Plus uses the established Early Bird framework of teaching about autism how to develop communication or manage behaviour	This is a specialised provision and can be accessed via referral from professional services  For further information, contact the Early Help Hub Tel: 01753 476556

Age Band	Programme Web Link	Description	Lead & Contact Details
812	SEBDOS Parent Group Workshops SEBDOS	Keeping children safe online Getting your child ready for Primary school/Secondary school Understanding children's behaviour and what it tells us How to react to behaviours shown	This is a specialised provision and can be accessed via referral from professional services  For further information, contact the Early Help Hub Tel: 01753 476556
0-12	Group Triple P Slough Borough Council	A broad-based parenting intervention delivered over eight weeks for parents of children up to 12-years. Parents actively participate in a range of exercises to learn	This is a specialised provision and can be accessed via referral from professional services



		about the causes of child behaviour problems, setting specific goals, and using strategies to promote child development, manage misbehaviour, and plan for high-risk situations	For further information, contact the Early Help Hub Tel: 01753 476556
12-18	Group Teen Triple P Slough Borough Council	Workshop for parents wanting to support their teenager's development and potential or they may have concerns about their teenager's behaviour. Parents also learn how to plan around risk-taking behaviour and risky situations	This is a specialised provision and can be accessed via referral from professional services  For further information, contact the Early Help Hub Tel: 01753 476556
8+	Rebuild Programme Browns Community Services	This programme supports the parents of children who have experienced, or are at risk of, child exploitation. This includes sexual, gang, drug (e.g. county lines) and peer-onpeer exploitation. The project enables parents to work with a Parent Support Worker, as well as to see a specialist trauma counsellor and to attend employment and social media upskilling courses.	This is a specialised provision and can be accessed via referral from professional services  For further information, contact the Early Help Hub Tel: 01753 476556
8+	The 3Es to Wellbeing Course Browns Community Services	A bespoke six week programme which enables parents to look at methods of encouraging positive mental wellbeing. Parents/carers are supported to gain skills that help them cope with the normal stresses of daily life, deal with uncertainty, work productively and be part the local community.	This is a specialised provision and can be accessed via referral from professional services  For further information, contact the Early Help Hub Tel: 01753 476556
8+	#Intheknow Browns Community Services	This is a 4-6 week group programme with options to tailor topics in response to needs identified: For example, Option 1 - supports parents of children who have experienced, or are at risk of, child	This is a specialised provision and can be accessed via referral from professional services  For further information, contact the Early Help Hub Tel: 01753 476556



		exploitation. This includes sexual, gang, drug (e.g. county lines) and peer-on-peer exploitation. Option 2- Upskill parents around social media and topics including cyberbullying. Parents develop an understanding of the intricacies of social media and recognise the signs of grooming.	
8+	Money Matters course Browns Community Services	This is a 4 week programme on budgeting skills to help parents better manage their finances, so they can save, give and prevent debt.	This is a specialised provision and can be accessed via referral from professional services  For further information, contact the Early Help Hub Tel: 01753 476556

Age Band	Programme Web Link	Description	Lead & Contact Details
All ages	Slough Family Information	Website offers information on:	This is a self-help service



	Service (FIS) Slough Borough Council	Support and advice for families with children and young people Childcare for children aged 0-13 Financial support and help with childcare costs. Free early education for 2, 3 and 4 year olds Children's Centres and family services Schools and school-based family services Activities for children, young people aged 0- 19 and families The Local Offer including activities and services for children and young people with special educational needs and disabilities (SEND) Adult education and employment	For more information, contact the Family Information Service on 01753 476589 or visit www.slough.gov.uk
All Ages	Family Support Group Home-Start Slough	A tailored programme which can be delivered as a non-judgemental group or directly into the homes of families by our trained volunteers. The aim is to prevent or reduce the emotional stress caused to the children growing up in household which is struggling to cope with the numerous demands of family life. The aim will be to focus on consistent positive parenting techniques, quality families time, positive and warm communication – to build stronger family connections and emotional well-being.	This is a specialised provision and can be accessed via referral from professional services  For more information, contact the Family Information Service on 01753 476589  www.slough.gov.uk or Home-Start Slough Tel: 01628 661 029 office@hsslough.co.uk
All Ages	Emotional First Aid Home-Start Slough	For mums who feel overcome with past negative experiences and want to find a better way of coping with their feelings about these. In turn the mums cope better allowing them to be emotionally available for their own children. This 6 session course encourages emotional expression and the development of helpful coping strategies	This is a specialised provision and can be accessed via referral from professional services  For more information, contact the Family Information Service on 01753 476589  www.slough.gov.uk



		which improve their mental wellbeing.	or Home-Start Slough Tel: 01628 661 029 office@hsslough.co.uk
All ages	SENDIASS (Special Educational Needs & Disabilities Information Advice & Support Service) Slough Borough Council	SENDIASS provides free impartial, confidential and accurate information, advice & support about education, health & social care for children, young people and their parents on matters relating to special needs and disability  PRP is a twelve-session group work programme designed to support group members who have evidenced aggression within their intimate partner relationships.	This is a specialised provision and can be accessed via referral from professional Services  For further information, contact the Early Help Hub Tel: 01753 476556
All ages	Inspiring Families – Positive Relationships Programme Funded by Thames Valley PCC Community Rehabilitation Company	PRP is an educational, strength-based programme that supports individuals who want to find healthier, safer solutions to relationship-based problems and conflict.  PRP addresses the following key areas: Increasing self- and other-awareness Self-efficacy and self esteem Emotional regulation Alcohol awareness Social problem solving skills training Goal and solution identification Resources, skills and tools to resolve social problems and aggression within intimate relationships	This is a specialised provision and can be accessed via referral from professional Services  For further information, contact the Early Help Hub Tel: 01753 476556
All ages	Turning Point Slough Advice Centre	Information and advice to support people with drug or alcohol issues, a mental health concern, learning disability or employment	This is a specialised provision and can be accessed via referral from professional Services



### Taking pride in our communities and town

		solution.	For further information, contact the Early Help Hub Tel: 01753 476556
	Learning & Employment Slough Borough Council	Slough Children's Centres know that it can be a challenge for parents of children under 5 years to find suitable employment or training opportunities. We work in partnership with a range of organisations providing a wide variety of courses to help you into employment or further training and education. We offer courses in English (including ESOL), Maths, Childcare, interview skills, ICT (information and communication technology) and volunteering.	This is a specialised provision and can be accessed via referral from professional Services  For further information, contact the Early Help Hub Tel: 01753 476556
	CYPIT Berkshire Healthcare	Supports families with children (up to the age of 19) with occupational therapy, physiotherapy, speech and language therapy and specialist dietetic services	This is a specialised provision and can be accessed via referral from professional Services  For further information, contact the Early Help Hub Tel: 01753 476556 or Berkshire Healthcare Tel: 0300 365 1234 or visit https://cypf.berkshirehealthcare.nh s.uk/contact-us/
All ages	Reducing Parental Conflict Slough Borough Council	Interventions which focus solely on supporting the parent-child relationship (such as parenting programmes) in the context of parental conflict are unlikely to improve outcomes for children. Evidence suggests that fathers' parenting may be more adversely affected by parental conflict (by withdrawing	This is a specialised provision and can be accessed via referral from professional Services  For further information, contact the Early Help Hub  Tel: 01753 476556



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		or becoming hostile) yet fathers are less likely to be reached by support services This programme supports practitioners, supervisors, managers and wider agencies in building awareness and developing the confidence, knowledge and skills to work with parents to reduce conflict and drive more positive outcomes.	
All Ages	Roma Community Support Slough Borough Council	Outreach support for children and families within the ROMA community	This is a self-help service  Contact Alex Potop Community Development team Slough Borough Council  Tel: 07784 207506
All ages	Mind Ed for families	Safe and reliable advice about young people's mental health, created by experts and parents together	This is a self-help service  This is an online resource and can be accessed via the link below:  https://mindedforfamilies.org.uk
All ages	Better co-parenting, happier kids. Our Family Wizard	With 'Our Family Wizard', your schedule, files, contacts, and communication are contained within one app, so you can solve shared custody challenges faster and without confusion. That means less conflict and more energy to focus on your children.  Powerful tools document your parenting time, child-related expenses, exchanges, and more	This is a self-help service  This is an online app and can be accessed via the link below:  https://www.ourfamilywizard.co.uk/
All ages	Parent Drop in Sessions Slough Borough Council	Weekly drop in sessions for parents at Slough's local children's Centres. Parents/cares will be offered friendly advice, or signposting to other services in the area that may be able to help you further.	This is a self-help service  For more information, Contact the Family Information Service on 01753 476589 or visit <a href="https://www.slough.gov.uk">www.slough.gov.uk</a>



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Al Ages	Industrial Mentoring Osborne	Local employers providing mentoring/support to parents that would like to develop their employability skills ton increase their future chances securing and sustaining training and employment	For more information, Contact the Family Information Service on 01753 476589 or visit www.slough.gov.uk
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## Parenting in Slough

# **Useful Contacts & Online Resources**

Age Band	Support Service	What does this service offer? Web Links	How can I access this service?	
Antenatal	NHS www.fhft.nh.uk	If you are pregnant and would like to have your baby at Wexham Park Hospital please complete the online pregnancy notification form www.fhft.nhs.uk/services/maternity/pregnancy-notification-forms/  You will be offered appointments with your midwife at 16,28,31,34,36,38,40 and 41 weeks to see either you midwife or GP.  Crystal Team midwives: enhanced midwifery care team – for referral discuss this with your midwife at booking appointment.  If you are diabetic and planning a pregnancy please contact the diabetic specialist midwives at fhft.diabetesantenatalclinicwph@nhs.net  For support with mental health you can self-refer to: www.talkingtherapies.berkshire.nhs.uk (Berks ladies) or www.oxfordhealth.nhs.uk (Bucks ladies)	Self Help Open Access	
	Benefits – Government Guidelines	Information on maternity grant and maternity allowance www.gov.uk/maternity	Self Help Open Access to online resource	
	Best Beginnings – online app	Nationally developed app- available for free download - developing practical, simple, educational and interactive tools to support parents-to-be and new parents – includes antenatal, postnatal, breastfeeding & mental health support. https://www.bestbeginnings.org.uk/	Self Help Open Access to online resource	
	Solihull approach Maternity at Frimley Health and Care	This Solihull Approach antenatal online course gives parents practical information about pregnancy and birth, whilst at the same time introducing them to their baby.	Self Help Open Access to online resource	



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		<ul> <li>Coproduced information from preconception to early parenthood.</li> <li>Easy access to FHFT clinical guidelines</li> <li>Signposting to evidence based information and local sources of help and support.</li> <li>Information about a range of maternity services at both FPH and WPH</li> <li>Translation into over 100 languages.</li> <li>Latest news and updates.</li> <li>Links to social media</li> <li>This online resource can be accessed via the maternity section of the FHFT site or at: https://www.frimleyhealthandcare.org.uk/maternity</li> </ul>		
	Baby Bank	Can provide expectant mums with good quality second hand essentials such as baby clothes, bedding, nappies, wipes and cotton wool all packed into a Moses basket pushchairs, bottles. www.babybank.org	Self-Help Open Access to online resource Tel: 07704 919184 Email info@thebabybank.org	
All ages	Mind Ed for families	Safe and reliable advice about young people's mental health, created by experts and parents together <a href="https://mindedforfamilies.org.uk">https://mindedforfamilies.org.uk</a>	Self Help Open Access to online resource	
0-16	Child Benefit Enquiries	www.gov.uk/childbenefit Information on Child benefit once baby is born	Self Help Open Access to online resource	
All Ages	Slough Family Information Service (FIS)	Website offers information on: Support and advice for families with children and young people Childcare for children aged 0-13 Financial support and help with childcare costs. Free early education for 2, 3 and 4 year olds Children's Centres and family services Schools and school-based family services	Self Help Open Access Tel: 01753 476589 E mail: www.slough.gov.uk	



		Activities for children, young people aged 0-19 and families  The Local Offer including activities and services for children and young people with special educational needs and disabilities (SEND)  Adult Education & Employment www.sloughfamilyservices.org.uk	
0-5	First Days	Provide everyday essentials to families who are living in poverty by distributing clothes, toiletries, school uniforms, equipment, furniture, toys and books.  www.firstdays.net	Self Help Open Access to online resource
0-5	Slough Food Bank	Provides emergency food to those in crisis.  Slough foodbank works using a voucher referral system. Find out more about how we work.  A local agency can also provide long term support if needed to help address some of the issues behind the reasons for your crisis.	Slough Foodbank works with a number of different agencies, such as Citizens Advice, children's centres and health visitors. To find out more about the agencies that hold our vouchers and how you can get help, please contact Slough Food Bank  Tel: 01753 550303  Email office@slough.foodbank.org.uk
	Healthy Start Vitamins Provided by Health Visiting Team	Can be collected from any of Slough's children's centres during normal opening hours	Self Help Open Access Contact the Early Help Hub Tel: 01753 476556
	Talking Therapies  Drop in Sessions Every Monday Time: 5.30pm - 6.30pm (Last appointment 6.10pm) Where: Cedar House	Talking Therapies is a friendly approachable service that offers support for stress, anxiety and depression and we now offer a drop in clinic for you to come to meet a practitioner.  Talk about your problems and find out the best treatment and support  Bring along a family member or friend for support  Multi lingual therapists available  Please just drop in—no need for an	Open access or GP Referral



		appointment  Or you can call 0300 365 2000 and ask to attend our next drop in clinic and we'll arrange a timed slot for you		
All ages New Horizons		New Horizons is the base for the Community Mental Health Team in Slough that work with adults with complex and severe mental health difficulties and offer support to carers and families too.	Mental Health Crisis Team If you need urgent help, but it's not an emergency, you can call our  Mental Health Crisis Team Tel: 0300 365 0300 or Tel:0300 365 9999  If you need someone to talk to, you can also call:  Sane Line Tel: 0300 304 7000 (open 4.30pm - 10.30pm every day)  Samaritans Tel: 0116 123 (24 hours every day)	
All ages	Better co- parenting, happier kids. Our Family Wizard	With 'Our Family Wizard', your schedule, files, contacts, and communication are contained within one app, so you can solve shared custody challenges faster and without confusion. That means less conflict and more energy to focus on your children.  Powerful tools document your parenting time, child-related expenses, exchanges, and more	Self Help Open Access  This is an online app and can be accessed via the link below: <a href="https://www.ourfamilywizard.co.uk/">https://www.ourfamilywizard.co.uk/</a>	

### **SLOUGH BOROUGH COUNCIL**

**REPORT TO:** Education & Children's Services Scrutiny Panel

**DATE:** 11<sup>th</sup> March 2019

**CONTACT OFFICER:** Tiran Khehra, Policy Insight Analyst

(For all Enquiries) (01753) 875560

WARDS: All

# PART I FOR COMMENT & CONSIDERATION

# EDUCATION & CHILDREN'S SERVICES SCRUTINY PANEL 2019 – 20 WORK PROGRAMME

- 1. Purpose of Report
- 1.1 For the Education and Children's Services Scrutiny Panel (ECS Scrutiny Panel) to discuss its current work programme.
- 2. Recommendations/Proposed Action
- 2.1 That the Panel review the current work programme for the 2019-20 municipal year, and propose future topics for scrutiny as appropriate.
- 3. The Slough Joint Wellbeing Strategy, the JSNA and the Five Year Plan
- 3.1 The Council's decision-making and the effective scrutiny of it underpins the delivery of all the Joint Slough Wellbeing Strategy priorities. The ECS Scrutiny Panel, along with the Overview & Scrutiny Committee and other Scrutiny Panels combine to meet the local authority's statutory requirement to provide public transparency and accountability, ensuring the best outcomes for the residents of Slough.
- 3.2 The work of the ECS Scrutiny Panel also reflects the priorities of the Five Year Plan, in particular the following:
  - Slough children will grow up to be happy, healthy and successful

### 4. **Supporting Information**

- 4.1 The current work programme is based on the discussions of the ECS Scrutiny Panel at previous meetings, looking at requests for consideration of issues from officers and issues that have been brought to the attention of Members outside of the Panel's meetings.
- 4.2 The work programme is a flexible document which will be continually open to review throughout the municipal year.

### 5. **Conclusion**

5.1 This report is intended to provide the ECS Scrutiny Panel with the opportunity to review its upcoming work programme and make any amendments it feels are required.

### 6. **Appendices Attached**

A - Work Programme for 2019 - 20 Municipal Year

### 7. Background Papers

None.

# **Education and Children's Services Scrutiny Panel Work Programme 2019/20**

Potential Task and finish Group / Site Visits					
Potential Task and Finish Group	Site Visits:  • Solutions for Health (0-19 Service)				
	11 March 2020				
<ul><li>Parenting strategy.</li><li>Child Poverty (Information report only)</li></ul>					
15 April 2020					
<ul> <li>Annual education standards report.</li> <li>Slough Children's Services Trust Annual Report.</li> <li>Progress made since Ofsted ILACS inspection.</li> <li>School leavers' readiness for work and higher education. (DEFERRED FROM FEB)</li> </ul>					
<ul> <li>Unprogrammed:</li> <li>Joint Parenting Panel Annual report</li> <li>School Place strategy / Admission service update</li> <li>Outcomes for children with disabilities</li> </ul>					

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# **AGENDA ITEM 6**

# **MEMBERS' ATTENDANCE RECORD**

# **EDUCATION & CHILDREN'S SERVICES SCRUTINY PANEL 2019 – 20**

	MEETING DATES					
COUNCILLOR	16/07/2019	23/10/2019	05/12/2019	06/02/2020	11/03/2020	15/04/2020
Ajaib	Р	Р	Р	Р		
Basra	Р	Р	Р	Р		
Begum	Р	Р	Р	Р		
N Holledge	Р	Ар	Ab	Р		
Kelly	Р	Р	Ab	Р		
Qaseem	Р	Р	Ab	Р		
Sadiq	-	Р	Ab	Р		
A Sandhu	Р	Р	Р	Р		
Sarfraz	Р	Р	Ab	P*		
Sharif	Р	-	-	-	-	-

Ap = Apologies given

P = Present for whole meeting  $P^* = Present for part of meeting$ 

Ab = Absent, no apologies given

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